

InPen™ smart* insulin pen system + Guardian™ 4 smart† CGM system

This guide provides an overview on important training topics for the technical patient training on the Smart MDI system.

1. Set-up InPen™ app & therapy decisions

Supplies needed

- Apple or Android™ Device with InPen™ Diabetes Management App installed
- InPen™ device
- Insulin cartridge
- Disposable pen needle

InPen™ app set-up

- Account created with email and password
- Profile information entered correctly (name, DOB, phone number)

Therapy settings set-up

- Select Meal Therapy Mode: Carb Counting, Meal Estimation, or Fixed Dose
- Dose Calculator setup
- Adjusted for time of day settings (if applicable)
- Long-acting insulin settings

Schedule set-up

- Meal-time settings (earliest and latest for breakfast, lunch, dinner)
- Bedtime

Connecting InPen™ system

- Successfully paired the pen with the app
- How to install Insulin Cartridge
- How to remove cartridge holder
- How to rewind the screw
- How to insert the cartridge
- How to take an insulin dose
- Discussed site selection and rotation
- Using the dose calculator
- Priming
- Dosing insulin
- Instruct on how to log a manual rapid-acting dose in the logbook
- Discussed technical support and warranty

App tutorial

- Reviewed calculating a dose
- Reviewed active insulin
- Reviewed timeline accuracy - editing dose/prime
- Reviewed glucose displays - 3, 6, 12, 24 hours
- Reviewed long-acting reminder
- Reviewed alert icons

CGM information & therapy decisions

- When to use BG instead of SG
- CGM information available on app home screen
- Adjusting doses based on SG trend arrows

2. Set-up Guardian™ application (app) & create CareLink™ personal account

CGM & mobile device basics

- SG not the same as BG, Focusing on trends
- Setting mobile device to silent, vibrate, Do Not Disturb
- Turning on Bluetooth® communication in mobile device
- Keeping app open in background
- Reviewed all Guardian™ app warnings
- Turn off Automatic Updates on mobile device

Set-up Guardian™ app

- Downloading the app in the app store
- Set-up Guardian™ app Guide
- Step-by-step instructions and post-training resources reviewed incl. how to create CareLink™ Personal account and transmitter pairing

3. Insertion & start Guardian™ 4 sensor

- Selecting, preparing, and rotating sites
- Using thumbprint on One-pressserter
- Inserting and taping Guardian™ 4 sensor, connecting transmitter
- Starting new sensor on app

4. Set-up glucose alerts in the Guardian™ app

Alert settings

- Always allowing app Notifications
- Using “Alert Volume” and “Max Volume at Night” feature and how to mute all alerts

High glucose alerts

- High Limit
- Alert on High
- Alert Before High/Time before High
- Rise Alert
- Snooze Time

Low glucose settings

- Low Limit
- Alert on Low
- Alert before Low/Time before Low
- Fall Alert
- Snooze Time

Reading sensor display on app

- Reading home screen and icons
- Reading sensor status icon
- Viewing sensor graphs (available on InPen™ app when apps are linked)

Sensor alerts

- Reviewed common sensor alerts and warnings
- Clearing and snoozing alerts

Additional topics covered

- Charging/storing transmitter
- Removing for X-rays, MRI, CT scan

5. Connect Guardian™ app with InPen™ app

- Reviewed how to connect Guardian™ app and InPen™ app

6. Invite care partner

- Reviewed how to create and set-up a Care Partner account

7. Sending InPen™ insights reports and optimising app

- Reviewed how to send the InPen™ Report
- How to adjust therapy settings (if applicable)
- How to adjust reminders
- How to pair a second pen (if applicable)

MDI: Multiple Daily Injections

* Smart Insulin pen connects to a mobile app to provide dosing calculations, reminders and CGM system integration. Please refer to IFU

† Smart CGM predicts future high and low sensor glucose events up to 1 hour in advance and provides access to additional algorithms and insights that can inform users of clinically relevant glucose patterns. Please refer to IFU

This material does not replace or supersede the instructions for use. It should not be considered the exclusive source of information and should be used in conjunction with the device manual.

See the device manual for full list of information regarding the instructions for use, indications, contraindications, warnings, precautions, and potential adverse events.

For further information, contact your local Medtronic representative and/or consult the Medtronic website at medtronic.eu.

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ALWAYS FOLLOW THE DIRECTIONS FOR USE (IFU) For detailed information regarding indications, contraindications, warnings, precautions, and potential adverse effects, please consult the IFU.

Always consult a Health Care Professional before making treatment decisions, and to see if this product is suitable for you.

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