YOUR CONTINUOUS GLUCOSE MONITORING
QUICK START GUIDE

Guardian™ Connect with Guardian Sensor 3

Always read the instructions for use.

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GUARDIAN CONNECT™ WITH THE GUARDIAN SENSOR 3.*
QUICK START GUIDE.

For additional information, please refer to a series of helpful training videos located at:
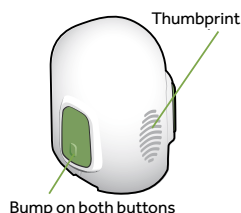**www.medtronic-diabetes.com.au/products/guardian-connect**

1. Check your device's compatibility:

Guardian Connect suits both Android and Apple devices;

To check that your device is compatible visit:
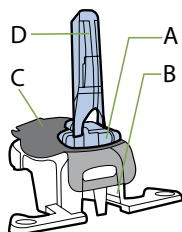**https://www.medtronic-diabetes.com.au/guardian-connect-supported-devices**

2. Make sure you have the following to get started

Thumbprint

Bump on both buttons

One-press serter

Oval Tape (2 Pieces)
A: Pre-cut Hole

Guardian Sensor 3 and Pedestal

A: Sensor
B: Pedestal
C: Adhesive Pad
D: Needle Housing

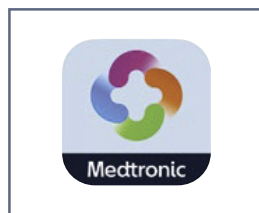**Guardian Connect Transmitter**

Before you get started
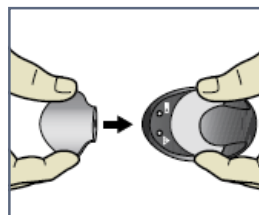
1. Charge your Guardian Connect transmitter

Place the transmitter on the charger. The green light on the charger will flash.

The transmitter is fully charged when the green light is off.

2. Download the Guardian Connect app

Search for Guardian Connect on your mobile device app store.

Download the app directly from the app store.

It's free!

3. Create Your CareLink Account

If you do not have an existing account and need to enroll, or are unsure of your Personal credentials, visit the following website:

https://carelink.minimed.eu/patient

This website resides outside of Australia. Please review our Privacy Statement regarding use of this site: https://www.medtronic-diabetes.com.au/privacy-statements

Guardian Connect training

There is a training program to suit you:

- **Quick Start Guide** (over page)
- **Getting Started Guide**
- **Medtronic Website** medtronic-diabetes.com.au/products/guardian-connect)
- **StartRight™ diabetes technology coaching**
- **Make an appointment to see your Health Care Professional**

If you have any questions regarding your Guardian Connect, please contact Medtronic: Global Help Line: 1800 777 808 (24 hours), or visit www.medtronic-diabetes.com.au * Guardian Connect with the Guardian Sensor 3 is approved for use in people >2 year's old.

1. Pairing your transmitter

1. To begin pairing, place the transmitter on the charger.

Tap Next
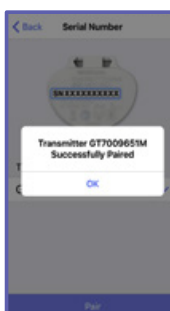
2. Remove transmitter from charger.

Tap Search

3. The app will automatically search for the appropriate transmitter.
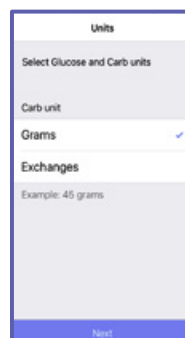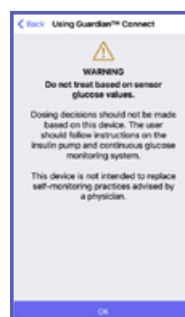
Tap SN to confirm

Tap Next

4. Allow for pairing.

5. Transmitter is successfully paired.

2. Set up the App

1. Select Carbohydrate Grams or

Tap Next

Exchanges

2. Read the treatment agreement

Tap OK

**3.** Accept the treatment agreement

Tap Agree

The treatment agreement states that sensor glucose values should not be used to make treatment decisions. Patients should always confirm their sensor glucose (SG) with blood glucose (BG) before making any treatment decision.

This way your can be assured that the predictive algorithm is continually learning.

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3. Inserting a New Sensor

Wash your hands. Choose a site with enough fat on your abdomen or back of your upper arms. Clean it with alcohol.
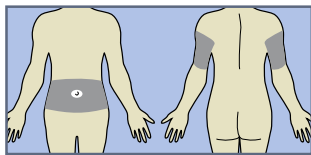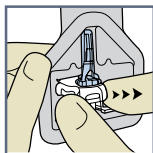

You may need assistance with inserting sensor into back of your upper arm. Some users may find it difficult to insert sensor into their arm by themselves.

1. **Open sensor package.**
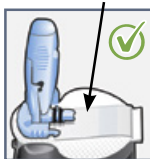

2a. Hold sensor by plastic pedestal.
Hold pedestal and remove entire sensor assembly from the package. Place sensor and pedestal on a clean, flat surface (a table).

2b. Tuck adhesive tab.
Make sure that sensor's adhesive tab is tucked under sensor connector and snaps.

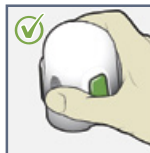The tab tucked

Correct   Incorrect

3. **Hold serter correctly.**
Place thumb on thumbprint marking to hold serter without touching green buttons.
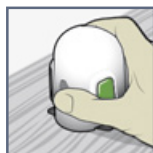

Correct   Incorrect

4. **Load sensor into serter.** Place thumb on thumbprint marking on serter without touching green buttons. Carefully push serter down on to pedestal until base of serter sits flat on table and you hear a click.
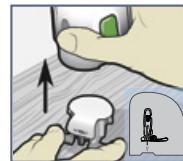

5. **Detach serter from pedestal.**
Place thumb on thumbprint marking on serter. With other hand, place two fingers on pedestal arms. Slowly pull serter straight up.

Fingers NOT holding side buttons
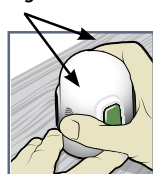
Do not detach pedestal from serter in mid-air as this may damage sensor.

6a. Place serter on body. Hold serter flat and steady against your clean site that you chose. Don't push serter into your skin. **Note: If you don't hold serter flat against your body when you press the buttons, the serter might spring back. This could cause sensor to insert improperly.**
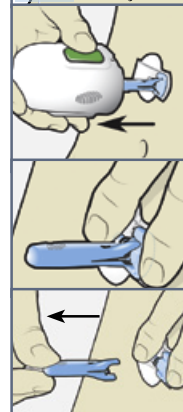

6b. Insert sensor. Press and release **bump** on both green buttons at same time.
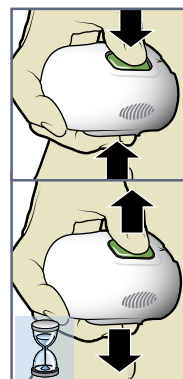
6c. Hold serter against body.
Keep holding serter against body for at least five seconds to let adhesive stick to skin.


6d. Remove serter from body.
Slowly pull serter away from skin, **making sure buttons are not pressed.**

7. **Remove needle housing.** Hold plastic sensor base against your skin. (Your fingers should be holding down both sensor connector with black rings and the other end of base.) Using your other hand, hold tip of needle housing and pull it straight out. Throw away needle housing in a sharps container.
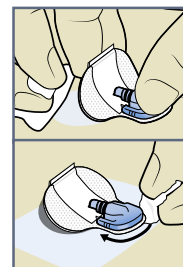
OPTIONAL: Apply additional liquid adhesive. You may use an optional adhesive such as Skin Tac™ under the adhesive pad, prior to removing the liner. It can also be applied to adhesive pad or skin around sensor base. Allow it to dry.
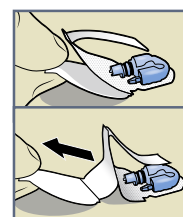
8a. Remove adhesive pad liner.
Gently hold down sensor and remove liner from under adhesive pad. Don't remove liner on rectangular tab yet.
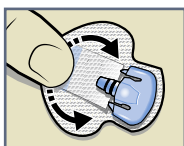
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## 3. Inserting a New Sensor, cont'd

8b. Press entire adhesive pad to skin.
Firmly press entire adhesive pad against skin so it sticks to skin.
NOTE: Guardian Sensor adhesive sticks better when you press it to skin well. Make sure to press it to your skin well in order for sensor to stay inserted for whole 7 days.
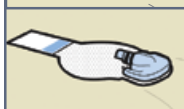
9a. Untuck adhesive tab.
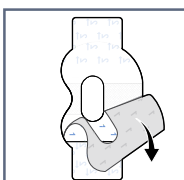Untuck adhesive tab from under sensor connector.
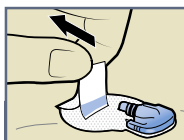
9b. Straighten adhesive tab.
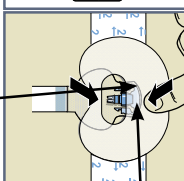Straighten adhesive tab so it lies flat against your skin, but do not remove paper liner yet.

4. Taping Sensor with First Oval Tape

1. Remove liner 1.

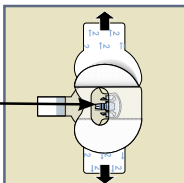**2.** Apply tape as shown and press down firmly.

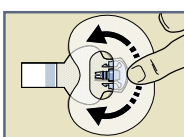Both sensor and skin are taped

Wide part of tape covers half of sensor base.

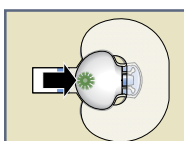**3.** Remove liner 2 from each side.

Connector and snaps in hole of tape

4. Smooth tape.

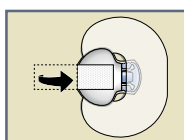## 5. Connecting your Transmitter

1. Connect transmitter to sensor.
Note: Wait for green light on transmitter to flash. If green light does not flash, check Troubleshooting section of your transmitter user guide.
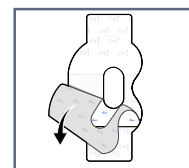
2. Stick adhesive tab on transmitter.
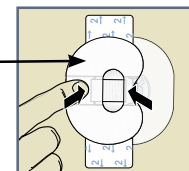**Note:** Do not pull tab too tightly.

6. Applying Second Piece of Oval Tape
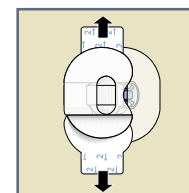
1. To apply 2nd oval tape, remove liner 1.

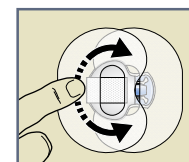**2.** Apply 2nd tape in opposite direction to first tape and place it on transmitter. Press down firmly.

Wide part of tape covers end of transmitter and skin.
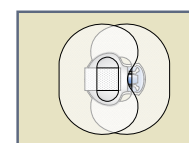
3. Remove liner 2 from each side.

4. Smooth tape.

5. This image is an example of oval tape applied correctly.
Note: Check sensor site regularly. If not secure, add additional off-the-shelf tape.
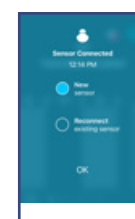
7. Start The Sensor

1. Start Sensor menu will open after patient accepts treatment agreement
Tap Yes

2. Insert sensor and connect to transmitter
Tap Start New Sensor

3. App will auto-matically look for sensor
Tap Agree

4. When Sensor connected screen appears automatically,
Tap New Sensor.
Then tap OK.

8. Calibrating

1. Check your blood glucose using a blood sample from your finger.

2. Tap 🔵 on top right corner of app's Home Screen.

3. Enter your blood glucose reading (2.22 mmol/L to 22.2 mmol/L) using keypad.

4. Tap **Calibrate** at top right corner of screen.

5. Tap, **Calibrate sensor -- mmol/L.**

Calibration Schedule:

Up to 2 hours after you connect your transmitter to your sensor and start the Warm up period

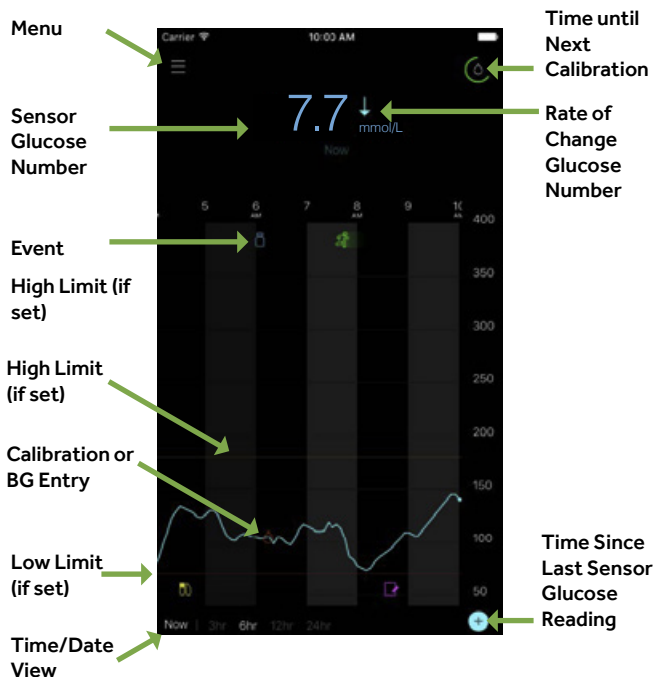Again **within 6 hours** from the first calibration (only on the day sensor is inserted

Again **every 12 hours** from your last calibration

Again if the system asks you to calibrate more often **to improve the sensor's performance**

9. Removing Sensor in Seven Days

1. Peel off tape.
2. Disconnect transmitter by pinching side arms of sensor. Then pull transmitter away from sensor.
3. Plug transmitter on to charger.
4. Peel off and discard sensor.

Your sensor glucose value and line will appear after about two hours. The home screen of the Guardian Connect app will look like this:

- Menu
- Sensor Glucose Number
- Event
- High Limit (if set)
- High Limit (if set)
- Calibration or BG Entry
- Low Limit (if set)
- Time/Date View
- Time until Next Calibration
- Rate of Change Glucose Number
- Time Since Last Sensor Glucose Reading

You should now be ready to start using your Guardian Connect.

Please visit:

www.medtronic-diabetes.com.au

to learn about enabling and setting your glucose alerts and other features of the Guardian Connect app.

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medtronic-diabetes.com.au