

iPRO™2 APP YOUR STEP-BY-STEP GUIDE



1. WHAT IS THE iPRO™2 SYSTEM?

The iPro2 System is designed to capture your glucose levels continuously 24 hours a day. It allows your clinician to review your glucose patterns and trends. While wearing the iPro2 System, you will still need to check your blood glucose to calibrate the system and manage your diabetes. You will be continuously wearing the iPro2 System for up to 6 days while continuing to manage your diabetes.

Please note that you will not see the glucose readings during the time you are wearing the iPro2 System.



2. INSTRUCTIONS FOR YOUR iPRO2 EVALUATION:

- While the monitor is worn, it will be essential to measure **at least four** or more blood sugars per day.
- You will also be keeping a detailed record of food intake, insulin dosages and daily activities using a **Patient Log Sheet or the iPro2 app**.
- The days on the monitor should represent typical days. If you become ill or have any factors affecting your blood sugar such as cortisone medication, please call as early as possible to re-schedule your appointment.
- Please wear the iPro2 recorder **until you return** on your scheduled return date.
- Use the same blood glucose meter for all BG meter readings.
- Insulin should be injected at least 7.5 centimetres away from the sensor insertion site and insulin pump infusion should be at least 5 centimetres from the sensor insertion site.
- The iPro™2 recorder must be removed (but the sensor can be left in) prior to an X-ray, CT scan or MRI. Simply reconnect the iPro™2 recorder afterward.

3. ON THE FIRST DAY:

FIRST BG meter reading 1 hour after you leave your HCPs office

Time: _____

SECOND BG meter reading 2 hours after first reading

Time: _____

COLLECT AT LEAST ONE MORE BG meter reading **before going to bed.**

COLLECT AT LEAST 4 BG meter readings each day, such as before breakfast, lunch, dinner and bedtime.

You may shower and swim while wearing the iPro2 recorder and sensor. The iPro2 recorder is watertight at a depth of 2.4 metres for 30 minutes. There is no limit if you are swimming on the surface of a pool or showering.

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Clinic ID:

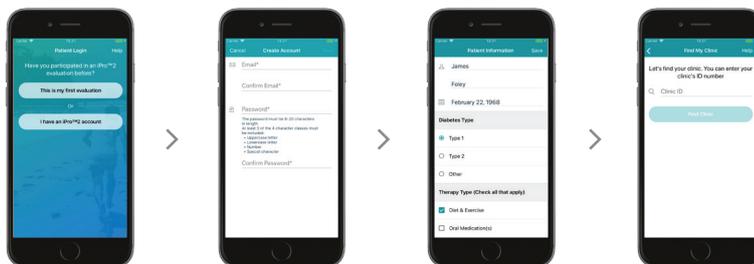
Ensure you keep this number close as it is essential to log into your app

1. **DOWNLOAD** the app from iTunes store or Google Play by searching **iPro 2 App**^{1,2}



2. SET UP AN ACCOUNT

Follow the steps within the app by creating a password, inputting your information, and adding the clinic ID to complete setup. You will receive the clinic ID from your healthcare professional³. In Settings, select the appropriate treatment (medication and insulin) and units.



3. FOR THE NEXT 6 DAYS, LOG IN YOUR EVENTS

- For best accuracy, enter data immediately
- Check and record your **BGs 3-4 times per day**, before meals and bedtime

Events will be automatically uploaded to your CareLink™ iPro™ reports

BLOOD SUGAR

Record blood sugar with exact time and date

MEDICATION

Record your diabetes medications, time and date

SLEEP

Record sleep start time, end time and date

MEALS

Record meal size, time and date. Optional to record carbs and a take picture of your meal

EXERCISE

Record physical activity intensity, time and date

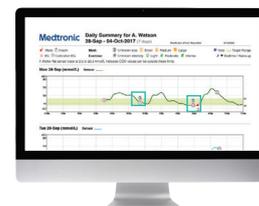
INSULIN

Record your insulin type, number of units, time and date



4. AT THE END OF THE EVALUATION

- Please ensure that all events are recorded in the app
- Have internet access to ensure all events have been uploaded to CareLink™ iPro™ software
- Return your iPro™ 2 recorder to your HCP. Review reports with your healthcare professional
- You do not need to end the evaluation in the app. It will end automatically after 7 days



5. INFORMATION ON DATA COLLECTION, STORAGE AND USAGE:

- The iPro App software captures your Personal identifiers during your registration process, for the purposes of providing you with the iPro App software and services. This can help you and your healthcare provider to discover trends and other information that can lead to improved therapy management. Data is stored in the live CareLink database and maybe processed inside and outside your country or region.

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