

Simple tips, instructions and guidelines for iProTM2 use

Blood glucose (BG) testing

- On the first day:
 - **FIRST BG** meter reading 1 hour after you leave your HCP's office. **Time:** _____
 - **SECOND BG** meter reading 2 hours after first reading. **Time:** _____
 - Collect at least one more BG meter reading before going to bed.
- Collect at least 4 BG meter readings each day, such as before breakfast, lunch, dinner and bedtime.
- Do not change any settings on your meter during the study, even if a daylight savings time change occurs.
- Use the same blood glucose meter for all BG meter readings.
- Do not let anyone else use your meter during the study.

Log sheet entries

- Write down your BG meter readings, food or drink and the amount of carbohydrates consumed, physical activity and duration, medications and dosages and other events (such as feeling hypoglycaemic and/or hyperglycaemic, stress, or illness).
- Keep the log sheet with you at all times so you can write down the information immediately after each event.
- Record the time and date within 5 minutes of each BG meter reading.

Connect iProTM2 recorder

- Live your life with your normal behaviour. If you normally exercise, then exercise.
- Keep tape over the sensor and iProTM2 recorder to prevent accidental removal or sensor movement. If the sensor comes out even a small amount, it may stop working. If new tape is needed, just put it over the existing tape. If the sensor comes out, place the sensor and iProTM2 recorder into a plastic re-sealable bag and notify your physician's office.
- Check the site 4 times a day to ensure that the sensor and iProTM2 are firmly connected, the sensor is still fully inserted, and there is no bleeding or irritation.
 - If the sensor is partly pulled out, attempt to gently push it back into place.
 - Remove the sensor if you have redness, pain, tenderness, or swelling at the site, and notify your physician's office.
- You may shower and swim while wearing the iProTM2 recorder and sensor. The iProTM2 recorder is watertight at a depth of up to 2.4 metres for 30 minutes. There is no time limit if you are swimming on the surface of a pool or showering.
- Insulin should be injected at least 7.5 centimetres away from the sensor insertion site and insulin pump infusion should be at least 5 centimetres from the sensor insertion site.
- The iProTM2 recorder must be removed (but the sensor can be left in) prior to an X-ray, CT scan or MRI. Simply reconnect the iProTM2 recorder afterward.

Do not throw away the iProTM2 recorder - it is NOT disposable

Patient Log Sheet



iProTM2

Name: _____
 iProTM2 recorder SN: _____
 Meter brand: _____
 Meter ID: _____

First Day: Take your first two blood glucose tests at [] : [] and [] : [] , and at least once more before midnight.

Throughout the study: Test your blood glucose at least **four** times a day, e.g. before breakfast, lunch, dinner, and bedtime.

Last day: Test your blood glucose at least **three** times.

Return date: Please return devices with completed log sheet on [] / [] at [] : [] .

S M T W T h F S	Time	BG	Meal (food/drink)	Carbs	Medication	Dosage	Activity	Duration	Other

S M T W T h F S	Time	BG	Meal (food/drink)	Carbs	Medication	Dosage	Activity	Duration	Other

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 Meter ID: _____

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