A smart CGM system that gives more than just numbers
No calibrations required.

Getting started

Initial CGM settings

| Low limit | 3.4 mmol/L |
| Alert before low | OFF |
| Alert on low | ON |
| Rate Alert | OFF |
| Snooze | 20 minutes |
| High limit | 13.9 mmol/L |
| Alert before high | OFF |
| Alert on high | OFF at initiation |
| Rate Alert | OFF |
| Snooze | 2 hours |

Education

Bolus adjustment guidelines using trend arrows

- **↑↓** 1 to 2 mmol/L change in glucose in previous 20 minutes
- **↑↑↓↓** 2 to 3 mmol/L change in glucose in previous 20 minutes
- **↑↑↑↓↓↓** >3 mmol/L change in glucose in previous 20 minutes

Patients using mealtime insulin can be taught to adjust doses based on the on-screen trend arrows.

| No arrow | No change in dose |
| Decrease dose by 10% | Decrease dose by 20% |

If glucose is low before meal, instruct patient:
- Do not bolus while glucose is low.
- Treat the low.
- After treating the low and the glucose is within target, calculate the bolus to cover the meal.

Follow up

<table>
<thead>
<tr>
<th>Metric</th>
<th>Time above 13.9 mmol/L</th>
<th>Time above 10.0 mmol/L</th>
<th>Time in Range 3.9 - 10.0 mmol/L</th>
<th>Time below 3.9 mmol/L</th>
<th>Time below 3.0 mmol/L</th>
<th>HbA1c 2</th>
<th>Coefficient of Variation (CV) 2</th>
<th>Sensor Use 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goals</td>
<td>&lt;5%</td>
<td>&lt;25%</td>
<td>&gt;70%</td>
<td>&lt;4%</td>
<td>&lt;1%</td>
<td>&lt;7% (&lt;53 mmol/mol)</td>
<td>&lt;36%</td>
<td>≥ 85%</td>
</tr>
</tbody>
</table>

Review the Assessment & Progress Report for information on Time in Range, below and above Range, Coefficient of variation and sensor use.

Personalised patient goals may be different to what is in the table. Action may not be required if personalised goals are met.

1 Smart CGM predicts future high and low sensor glucose events up to 1 hour in advance and provides access to additional algorithms and insights that can inform users of clinically relevant glucose patterns. Please refer to IFU.

2 If CGM readings do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions. Refer to System User Guide.
If goals are not met, assess patient’s medications and behaviours

Time above
Range is high
- Pre-prandial glucose: if rise occurs, counsel patient on bolusing earlier before meal
- Post-prandial glucose: if glucose is rising more than 1.7–3.3 mmol/L, assess oral medications, GLP-1, and/or mealtime bolus insulin
- Fasting glucose: assess bedtime glucose and behaviours, oral and injectable medications, basal insulin

Time below
Range is high
- Inconsistent food intake
- Exercise
- Alcohol consumption

If Sensor
Use is < 85%
- Educate on sensor use and care
- Explore reasons for underuse

References

See the device manual for detailed information regarding the instructions for use, indications, contraindications, warnings, precautions, and potential adverse events. For further information, contact your local Medtronic representative.

ALWAYS FOLLOW THE DIRECTIONS FOR USE (IFU)
For detailed information regarding indications, contraindications, warnings, precautions, and potential adverse effects, please consult the IFU. Always consult a Health Care Professional before making treatment decisions, and to see if this product is suitable for you.